

Co-Sponsored by Ridgewood Parks and Recreation and GCADA

Teen Education Series presented by The Center For Alcohol and Drug Resources

In coordination with GCADA, and through a grant awarded to the Ridgewood Municipal Alliance by the New Jersey Department of Human Services/Division on Mental Health and Addiction Services (DMHAS), The Center is offering three (3) 45 minute programs as part of their Teen Education Series, specifically aimed towards high school aged students. These evidence-based principles discuss several topics that encourage the skills and knowledge teens need to make smart choices around drugs and alcohol. Programs are open to any high school aged student in Ridgewood regardless of school affiliation.

Sign up for as many as you would like! Community service hours earned. NO FEE!

Register at www.ridgewoodnj.net/communitypass

Space limited to 20 students for each program.

*All programs will take place in the Anne Zusy Youth Lounge,
located in Village Hall, 131 N. Maple Avenue from 4:30 to 5:15pm*

Thursday, October 13th
"The Dos and Don'ts of Social Media"

Tuesday, October 25th
"Refusal Skills"

Tuesday, November 29th
"Mindfulness"

